



Intermediate Manual therapy Coaching Sessions

Instructors: *Carl Gayle BA Kin, BSc(PT), Dip. Manip.PT, FCAMT,*

Mai Ly HonBSc, BScPT, Dip. Manip.PT, FCAMT and

Jeff Crowley H.B. Kin, M.Sc.PT, Dip. Manip.PT, FCAMT, CAFCI

Description: This course is intended for candidates preparing to write the Orthopaedic division's intermediate examination. Candidates must have completed **BOTH** level 3 courses in order to participate in the coaching sessions. The purpose of this course is to prepare the candidates for the written and practical examination. There will be **self study** modules for the theory component. The bulk of class time will be spent on refining manual skills and the clinical reasoning process.

This prep course will prepare the candidates for the 3 parts of the intermediate manual therapy examination in the following way:

Case History: Two case histories will be handed in and marked and returned with feedback. A mock case history exam will also be organized.

Written Exam: A list of recommended short answer questions will be completed as homework. Answers to these questions will be handed out at a later date. Candidates will be able to extrapolate information from these questions in order to answer the multiple choice questions of the written exam.

Practical Exam: Practical techniques will be reviewed at each class with focus on refining hands on skills. **New techniques will not be taught** as it is expected that you have learned all techniques during the level 1-3 courses. Mock exams will be given to help prepare for the oral/practical exam.

Mentorship Hours: 40 hours of clinical mentorship is provided through the in class coaching sessions. Candidates are responsible for attaining the remainder of the 15 clinical mentorship hours and the 35 non clinical hours on their own. The total of 90 mentorship hours must be completed by the end of November 2008 (one month after the due date of the intermediate application).

Location: Adelaide West Physiotherapy. Please see link on website for directions.

Cost: \$ 1680 (\$1600 + 80 GST) Class size is limited to 12. In the event of high demand for the course a second course may be offered on the Sunday of the same weekends of the first course. Candidates will be slotted into the Saturday (first course) in the order that their registration and cheques are received. **Registration is open until April 3, 2009.** Cheques may be postdated to April 3, 2009. A **\$150 cancellation fee** will be levied if candidates cancel after April 12, 2009. Please make cheques payable to **Adelaide West Physiotherapy**. And mail to 366 Adelaide St. West Suite 403. Toronto Ontario M5V 1R9.

Dates:

- Saturday May 2, 2009: Introduction, review scans, CV region and homework case history handed out
- Saturday June 6, 2009: Cervical spine, TMJ and homework case history due
- Saturday September 12, 2009: Thoracic Spine
- October 3, 2009 (tentative): Upper peripheral and 2nd case history handed out
- November 14, 2009 (tentative): Lumbar spine and 2nd case history due
- November 29 or December 5, 2009 (tentative): Lower Peripheral
- Take Home Mock Written and Case History Exam-TBA
- 2 dates in February or March 2010 TBA- Mock practical exams